

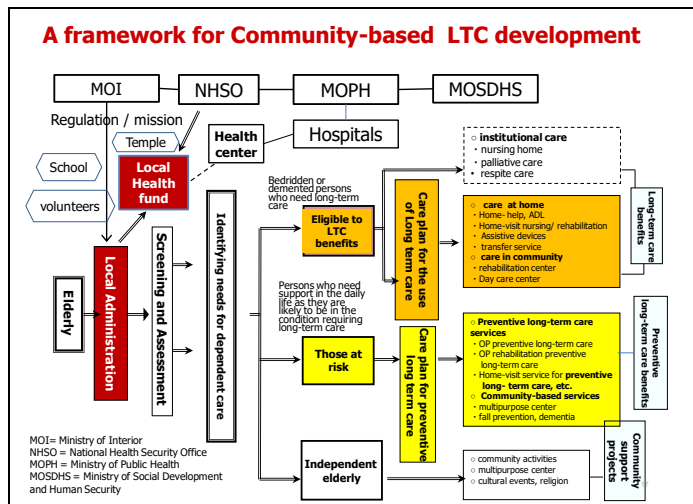
**INSURANCE COVERAGE RECOGNITION AWARD: Insurance and social security schemes that have developed their proposition with a clear focus on retirement, health and meeting members' needs**

**1. Name of Project:** NHSO “Development of Community-based Long-Term Care system for elderly in Thailand”

**2. Objective and nature of Project:**

Thailand is increasing trend of elderly, declining of household capacity in caring older people because of shrinking of family size, increasing trend of elderly living alone and with spouse, Labor migration and role of women in economic activities outside household. Health care service for dependent elderly is totally shouldered by individual household, and also supporting services are limited. Current health service delivery system remains acute care oriented, is not able to handle the needs of older persons properly and lack of effective intermediate care (step down care) i.e. only 1/3 of discharged patients with stroke received rehabilitation services

National Health Security office was establish a 5 years strategic plan on Community-based Long-term care Development (2014-2018) which aims to strengthen and support individuals (self-care), families (family care) and communities (community support) in providing integrated health and social care for frail elderly by the support of District Health System and Local Governments let them able to stay at home with their family. The Plan has principles to maintain cultural value and family bond, strengthen role of local government in contributing, managing the system and providing social support, enhance integration of health and social service and community participation that to work with various organizations as shown in figure below.



**Strategies for the development**

- Developing tools to support community-based services
  - Screening tool to assess dependency level
  - Assessment tool for care plan
  - Information system for service provision, monitor and manage the system
- Develop community based LTC
  - Local Government led model
  - District Health System led model
- Develop financing model and benefit package
  - Create a new budget line for community-bases services in FY 2016
  - Matching fund between NHSO and local governments
- Community-based approach, not just an outreach services

- Ensure ownership and involvement of LGs and community
- Create a platform for integration of health and social services
- Human resources development
  - Care manager
  - Care giver/ volunteer
- Set standard and guidelines for service provision
- Knowledge generation, exchange, monitoring and evaluation

The Pilot study has been conducted in 9 provinces (11 districts) since April 2014, to test tools and information system, appropriate benefit package for health and social care including its’ cost, management and service provision models at the community. NHSO support to provide training for care managers, care givers. The project has many key actors; such as DHS, Local Administration Office, Local Health Fund.

After the pilot project evaluation result was shown that the efficiency output, the National Security Board has policy to accelerate the development of community-based Long term care and palliative care to expanded to 25 provinces in December 2014 and covered all provinces in April 2015, 1-3 districts per province, and plan expand to cover all districts in 2016 by approved financing model and benefit package and will start in October 2015 as the first month of fiscal year 2016.

### **3. Why the project should be recognized**

The project “Development of Community-based Long-Term Care system in Thailand” should be recognized as an innovative program that reaches out and addresses the concerns for increasing trend of elderly. It addresses financing model and benefit package of long term care for elderly which has the integration of health, social services and continuity of care.